

# NorthWest Fresh: Farming for the Future Vertical Farming of Microgreens

Michael Ben, Haotian Ge, Ana Lai, Seung Hun Lee, Stanley Yuristan University of Washington - Industrial and Systems Engineering

### Background

Northwest Fresh is a start-up agriculture company created by John Toler, who has served five years as a board member of the Tacoma Farmer's Market and is a founding board member of the Tacoma Food Co-Op. The goal of Northwest Fresh is to provide fresh, local and sustainable foods to institutions, schools, restaurants and grocers while also improving the health and economy of the local communities in the process. The company will focus solely on growing microgreens and herbs year round, while also incorporating and growing other products of agriculture as the market presents itself. Within five years of production, Northwest Fresh will be growing microgreens through the integration of Tilapia fish within the aquaponic growing system, and distributing fresh mushrooms within the area.

### **Objectives**

- ◆ To design a successful agricultural start-up company and facility that has year round growing and is able to be run by one sole proprietor
- ◆ To create a business and financial plan that is attractable and feasible to investors and potential customers
- \* To implement sustainable agricultural practices within the business model

#### What are Microgreens?

Microgreens are described as fresh, nutritious, colorful, and very tasty with interesting textures, vibrant colors and intense flavors. These tiny, tender gourmet plants are big on flavor and have been recently popularized by chefs in big cities. You can find microgreens at upscale restaurants and in many farmer's markets. Most people "eat with their eyes" first, and microgreens are able to elevate a dish into something unique and delicious, not only in flavor, but in presentation as well.

#### **Benefits for Growers:**

- Year-round production = steady cash flow Short Crop Cycle
- Minimal space requirements
- ✤ \$30-50 per pound of microgreen

#### **Benefits for Consumers:**

- Instantaneous boost of nutritional value to meal
- Rich in phytonutrients and other health-promoting compounds More nutrient-dense than their mature counterparts
- Supporting local farms and reducing carbon footprint of food

#### Selected Microgreen Product Line



#### Microgreens listed from left to right:

(1) 'HONG VIT' RADISH Spicy-flavored. Attractive pink stems and green leaves. Radishes are lofty and add weight and volume to micro mixes.

(2) 'BRIGHT LIGHTS' SWISS CHARD Mild chard flavor. Light green, gold, pink, orange, purple, red, and white stems.

(3) 'GARNET GIANT' MUSTARD Mildly spicy flavor. Darkest purple mustard. (4) **PARSLEY** Intricately lobed leaves with mild parsley flavor. Medium-green parsley

(5) CILANTRO Frilly leaves. Clean, fresh aroma. Flavor more subtle than that of mature cilantro.

#### **Design Assumptions and Constraints**



#### **Standardized Processes**

#### By creating and implementing flows for the business model, it creates a standardized work process that:

- → Removes the eight six sigma waste
- → Improves consistent quality
- → Improves productivity → Creates a stable work process
- → Increases employee safety

#### The standardized processes we designed for implementation:

- Daily Flow
- Maintenance Weekly Flow
- Maintenance
- Packaging and Delivery
- Harvesting
- Monthly Flow
- Maintenance
- Proper Cleaning Process Ouality Assurance Process
- Inventory Management
- Kanbans
- Kaizens

#### **Design of Facility**



- 2. Microgreens Production: Planting,
- 4. Washing the Microgreens

# **Material Handling Requirements**

- 15 medium sized baskets
- 2000 small pots and 1000 medium
- 80 Cubic feet of Planting soil in
- 120 Cubic feet of plant fertilizers in storage at all times

### **CropBox vs. Traditional Greenhouse**

A CropBox is a highly engineered modular and mobile vertical production environment. → Yields 150 times greater than traditional agricultural methods

→ Up to 90% reduction in water use, 80% reduction in fertilizer, and no fertilizer runoff → Consistency in produce due to highly controlled environment



From the trade study we can find CropBox is more profitable and more efficient for farming.

	Weight	Greenhouse	СгорВох
Rate of Production	30%	3	5
Price	25%	4	5
Dimension	20%	5	3
No. of plants grown	15%	4	5
Other costs	10%	3	5
Final Score		<u>3.8</u>	<u>4.6</u>





### **Activity Relationship** Chart





### Spaghetti Diagram

A spaghetti diagram is a visual representation using a continuous flow line tracing the path of an item or activity through a process.



## **Breakeven Analysis**



#### **Breakeven Analysis**

Monthly Revenue to Breakeven within 2 years = Future Value of Initial Startup Costs (FV ISC) + Monthly Overhead Costs (MSC) = \$12736.12 + \$2208.06 = \$14944.18

### Assumption(s)?

Supply and demand is at 900 lbs. per month

Container operates at a 27% capacity

#### **Preliminary Findings**

Therefore, in order to breakeven within 2 years, we have established that the minimum price of any one of the produce per pound is \$16.60.

### **Proposed Pricing of Produce**



### Future State Functional Diagram : 2 Years Later



- 4. Check daily delivery routes
- 1. Deliver products
- 2. Return to facility

### Accomplishments

In the past six months, we further refined and developed recommendations that can help Northwest Fresh launch a business plan that will gain investor support and capital funding. Our primary deliverables from this work include standard process guides for major business operations, the warehouse design based on our equipment recommendations, a list of our equipment recommendations, and a detailed financial analysis of the business. Through the use of objective selection tools and engineering analysis methods, we provide our recommendations for use by Northwest Fresh to whatever end is deemed appropriate.

### Acknowledgements